

**VAST SPORTS PERFORMANCE ACTIVITIES AND PROGRAMS AND  
INFECTIOUS DISEASES, INCLUDING COVID-19  
ASSUMPTION OF RISK / WAIVER OF LIABILITY / INDEMNIFICATION AGREEMENT**

In consideration of being allowed to participate in VAST After School Program at VAST Sports Performance LLC, and related activities and programs, the undersigned acknowledges and agrees that:

1. VAST ASP and programs may involve physical activity and an element of risk. I voluntarily assume all risk of injury, disability or death in these activities and programs. The level of participation in these activities and programs is at all times completely up to the participant's choice and each individual accepts full responsibility for avoiding any activity he or she feels unable to perform or which he or she feels is unsafe; and
2. Participation may result in exposure to or illness from infectious diseases including, without limitation, COVID-19.  
While rules and personal discipline may reduce this risk, the risk of illness or death does exist; and
3. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, INCLUDING ANY RISKS THAT MAY ARISE FROM OTHER PARTICIPANTS, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and
4. I willingly agree to comply with the customary terms and conditions for participation, including, without limitation, any posted safety signs, rules, and verbal instructions, as regards protection against infectious diseases. I additionally acknowledge and agree that if I and/or participant named below, fail to comply with all the customary terms, posted safety signs, rules, and verbal instructions that I may be asked to leave the premises; and
5. VASTSP LLC, and all of its directors, officers, representatives, counselors, employees, staff, and volunteers shall not be liable for any claims, demands, injuries, damages, actions or causes of action of any nature, to person or property arising out of or connected with VAST ASP activities or programs, and I, for myself and on behalf of my heirs and assigns, hereby release and hold harmless VASTSP LLC, its directors, officers, representatives, counselors, employees, staff, volunteers and/or other participants ("Releasees"), as to any injury, illness, disability, death, or loss or damage to person or property, whether arising from the negligence or omissions of Releasees or otherwise, to the fullest extent permitted by law; and

I HAVE READ THIS ASSUMPTION OF RISK / WAIVER OF LIABILITY / INDEMNIFICATION AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Name of participant: \_\_\_\_\_

Participant signature: \_\_\_\_\_

Date signed: \_\_\_\_\_

FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION). This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against infectious diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release the Releasees for any and all liabilities incident to my minor child's/ward's presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.

Name of parent/guardian: \_\_\_\_\_

Parent guardian/signature: \_\_\_\_\_

Date signed: \_\_\_\_\_